



**Body Language 101: Finally Understand How To Read And Send Non Verbal Body Cues - Enhance Your Social Skills, Romantic Encounters, And Business Meetings ... Language for Dummies, Body Language Book)**

*Brian Scott*

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Knowledge of body language, how to read it in others and how others read your own, can serve you well in both your professional and personal life. As an employee, can you accurately read the unspoken cues your manager is sending? As an employer or manager, can you accurately read the non-verbal communication your subordinates are relating to you? If you are in the dating pool, can you tell if someone is actually interested or just being polite?

Do you know whether approaching someone is acceptable or going to result in you being labeled as some creepy stalker-type? Do you know how your significant other really feels about something? If you are even the least bit unsure the answer to any of these questions is yes, or even if you just want to be sure you're getting things right, this book is for you.

Body language basics are pretty universal and cover everything from facial expressions to the positioning of a person's body or limbs, and even their eye movements. Does someone you work with smile, but lean or turn away from you when you approach? Does your date lean forward and look into your eyes and then quickly away? Are you sure you know what the signals people give off really mean?

Right here, right now, move a step ahead of the competition as you learn the basics of interpreting what others really feel, as well how to present yourself more accurately through body language.

## **Body Language 101 covers the following topics and more:**

- The history of interpreting body language
- Is body language learned, or is it something we're born with?
- Body language cues and what they mean
- Cultural differences in body language interpretation
- How body language affects business and personal relationships

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#### **Ernest Poole:**

What is your hobby? Have you heard that question when you got scholars? We believe that that query was

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