



# **Your Truest Self: Embracing the Woman You Are Meant to Be**

*Janice Lynne Lundy*

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## **Your Truest Self: Embracing the Woman You Are Meant to Be** Janice Lynne Lundy

Spiritual guide and mentor Janice Lynne Lundy proposes twelve principles drawn from her personal encounters with prominent spiritual teachers to enable women to live a full, rich-in-spirit life. Within every woman there is an essential Truth waiting to be

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