



# Permission to Speak Freely: Essays and Art on Fear, Confession, and Grace

*Anne Jackson*

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*Permission to Speak Freely* is the unique project which brings to light the original intent a sanctuary as a place of help and healing.

Told with disarming transparency, Anne shares what led to her own addictions and the ensuing lifestyle that left her wounded and withdrawn, but ultimately rescued and redeemed. She includes dramatic stories of others who also learned to abandon their fear, pride, and masks; to identify their hurts; and to find the courage to speak freely.

Their confessions, submitted as mixed media pieces, photography, and sketches, were collected from people across the world, and are included throughout the book.

### Endorsements:

*Arranged in the format of essays, poetry, and artistic rendering of "confessions," this short but compelling book is written within the context of Jackson's Christian faith. She states up front that this is not a self-help book. Still, anyone who struggles with isolating secrets may find hope and consolation in her story of redemption and freedom. Her message, "You are not alone," is powerful.* - **Sacramento Book Review**

*Anne's book is a gift to anyone who reads it. She opens the door to freedom and restoration by engaging readers in story, 'user-generated' art, and biblical truth. We're reminded that confession is the key--while making it clear: the church simply must be a safe place for this to happen.* - **Nick Purdy, Paste Magazine??**

*"Anne Jackson tells the truth in such a way you can hear it. She is an objective journalist, and as such an endangered species. She's living proof that the truth, if stated clearly and objectively, can be fascinating."* - **Donald Miller?, Author, Blue Like Jazz**

*"In a day where so many of us are quick with our answers, Anne is saying that the questions matter, and that perhaps we're loved by a God who can handle our questions, can handle our messes. And perhaps we're called to meet each other in these broken places. This book is an invitation to honesty and freedom, and to the possibility that we've been created to be truly loved and truly known."* - **Jamie Tworkowski, ?Founder, To Write Love on Her Arms??**

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