



# **Maharishi Ayurveda and Vedic Technology: Creating Ideal Health for the Individual and World, Adapted and Updated from The Physiology of Consciousness: Part 2**

*Robert Keith Wallace*

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Maharishi Ayurveda and Vedic Technology provides a complete understanding of the ancient Vedic knowledge in the light of modern science. Dr. Robert Keith Wallace is eminently qualified to present this new approach to health and life, which is derived from the revival of this ancient tradition of India by Maharishi Mahesh Yogi, the founder of the Transcendental Meditation technique. For over 40 years, Dr. Wallace worked closely with Maharishi as he met with modern scientists and scholars of the Vedic tradition to create Maharishi Ayurveda and Maharishi Vedic Science and Technology. The book presents a world view based on a profound understanding of the relationship of consciousness and matter, mind and body, and extends our concept of health beyond the individual to include the collective health of society.

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