



Kids Are Worth It! : Giving Your Child The Gift Of Inner Discipline

Barbara Coloroso

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The parenting classic, now revised with new chapters, checklists, and information about today's most pressing issues regarding our children

This bestselling guide rejects "quick-fix" solutions and focuses on helping kids develop their own self-discipline by owning up to their mistakes, thinking through solutions, and correcting their misdeeds while leaving their dignity intact. Barbara Coloroso shows these principles in action through dozens of examples -- from sibling rivalry to teenage rebellion; from common misbehaviors to substance abuse and antisocial behavior. She also explains how to parent strong-willed children, effective alternatives to time-outs, bribes, and threats, and how to help kids resolve disputes and serious injustices such as bullying.

Filled with practical suggestions for handling the ordinary and extraordinary tribulations of growing up, *kids are worth it!* helps you help your children grow into responsible, resilient, resourceful adults -- not because you tell them to, but because they want to.

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