



Post-Traumatic And Acute Stress Disorders: The Latest Assessment And Treatment Strategies

Matthew J. Friedman

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Approximately half of all men and women will be exposed to a traumatic event, such as: assault, terrorism, military combat, car accident, domestic violence, or natural disaster. Of those exposed, eight percent of Americans and 20-30 percent of people elsewhere will develop trauma-related symptoms that impair day-to-day functioning. Who is at risk, and what is the likelihood of recovery? How does PTSD differ from other acute stress disorders? Post-Traumatic and Acute Stress Disorders: The Latest Assessment and Treatment Strategies contains answers from the expert, plus Targeted case studies, Assessment and treatment guidelines for children and adolescents as well as adults, Information on over 38 assessment tools, 8 cognitive behavioral therapies and eye movement desensitization, Comparative table of PTSD medication dosages, indications, and contraindications and Effectiveness of medications vs. psychotherapy.

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