



# **Frugal Living: Make Life Changing Decisions for Financial Freedom Using This Step by Step Guide on How to Save Money and Spend Less (Frugality, Frugal living, Frugal living tips)**

*Alexis Hall*

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# Frugal Living: Make Life Changing Decisions for Financial Freedom Using This Step by Step Guide on How to Save Money and Spend Less (Frugality, Frugal living, Frugal living tips)

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**Frugal Living: Make Life Changing Decisions for Financial Freedom Using This Step by Step Guide on How to Save Money and Spend Less (Frugality, Frugal living, Frugal living tips)** Alexis Hall

**These days everyone is looking to try and make their money stretch a little further.** It seems like as everything we need becomes more expensive our paychecks go a shorter and shorter distance.

The easy track might simply be to get a better job but often that can be a difficult route that won't necessarily fix the problem. If you think of your household income how does it make you feel? *If you're feeling sad about that number then the tips in this book are ideal for you.* Here we will give you some ideas and tips to make that number go further and give you a little more financial freedom without having to get another job. When we hear the word "frugal" we often think of hard times had by great grandparents and people many years ago.

Often this conjures images of tatty houses and dirty people, but by no means does it mean skipping the bath and living in the shed these days. Modern frugal living is all about looking at your budget and tightening up the corners to make it more effective, and it's not necessarily about having to tighten your financial strings but about doing it for good reason. We live in a hugely materialistic society, we are conditioned to want to have more than anyone else and often it's this mindset that leaves us feeling that the amount we earn is what keeps us up down. **Even if you're working on a truly limited budget there are a variety of ways to make it work and still feel like you have everything you need in life.**

## Here is what you will learn after reading this book:

- Why you should live frugally
- Setting Frugal Goals and making them work
- Frugal Habits to adopt now
- Steps to making your life Frugal

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