



The Art of Losing: Poems of Grief and Healing

Kevin Young

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The Art of Losing is the first anthology of its kind, delivering poetry with a purpose. Editor Kevin Young has introduced and selected 150 devastatingly beautiful poems that embrace the pain and heartbreak of mourning. Divided into five sections (Reckoning, Remembrance, Rituals, Recovery, and Redemption), with poems by some of our most beloved poets as well as the best of the current generation of poets, *The Art of Losing* is the ideal gift for a loved one in a time of need and for use by therapists, ministers, rabbis, and palliative care workers who tend to those who are experiencing loss.

Among the poets included: Elizabeth Alexander, W. H. Auden, Amy Clampitt, Billy Collins, Emily Dickinson, Louise Gluck, Ted Hughes, Galway Kinnell, Kenneth Koch, Philip Larkin, Li-Young Lee, Philip Levine, Marianne Moore, Sharon Olds, Mary Oliver, Robert Pinsky, Adrienne Rich, Theodore Roethke, Anne Sexton, Wallace Stevens, Dylan Thomas, Derek Walcott, and James Wright.

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