



Money Can Buy Happiness: How to Spend to Get the Life You Want

MP Dunleavy

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YOU CAN AFFORD TO BE HAPPY

MP Dunleavy, personal finance columnist for the *New York Times* and creator of the award-winning “Women in Red” column on MSN Money, presents a radical new plan for attaining happiness—and it doesn’t involve taking money out of the equation. The secret to true and lasting contentment is learning *how* to spend your cash.

Don’t just spend on—invest in yourself!

Learn how to use your money to buy:

More Time

Less Stuff

Better Health

Stronger Relationships

Greater Confidence

Rewarding Hobbies

Life-enhancing Skills

Financial Security

Peace of Mind

How many times have you been told money can’t buy happiness?

It’s time to abandon this old chestnut because money is a powerful tool, which can in fact buy you all of the things you never thought it could: peace of mind, a healthier lifestyle, more time to do the things you love, stronger relationships, security, and loads of fun.

In a world where we’re bombarded with the temptations of conspicuous consumption, personal finance columnist MP Dunleavy presents an antidote to empty spending. Through quizzes, worksheets, real life examples, and sound financial advice, MP shows you how to stop throwing your money away on fleeting pleasures like the hot new designer handbag, or the biggest house on the block, and start investing in your own portfolio of happiness.

Reallocating your assets to reflect what really satisfies you is the way to enjoy a life of true wealth. *Money Can Buy Happiness* is for anyone who believes finishing happy is more important than finishing rich.

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