



I'm Pregnant! Now What Do I Eat?

Hope Ricciotti, Vincent Connelly, DK Publishing

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From eating healthy during pregnancy to getting back to an ideal weight after birth, Dr. Hope Ricciotti has written the perfect book for the busy pregnant woman. Women will learn how to manage a healthy diet, reduce weight gain, and deal with common dietary problems during pregnancy. **AUTHOR BIO:** A practicing doctor and an Associate Professor of Obstetrics, Gynecology, and Reproductive Biology at Harvard Medical School, Dr. Hope Ricciotti has also been a contributor to many magazines and co-author of several cookbooks. She has special expertise in nutrition during pregnancy.

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