



Girls' Life Head-to-Toe Guide To You

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Girls' Life Head-to-Toe Guide To You

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The essential guide to growing up for girls!

A must-have book for any girl that's looking for straightforward advice about her body. Covering everything from periods, deodorant, bad breath, smelly feet, hair, braces, acne, and bras, to eating right, staying fit, and everything in between, Girls' Life delivers the body basics. Complete with tips, quizzes, Q&A's, embarrassing moments, how-to's, mythbusters, letters, and lots more to help every girl look and feel fabulous inside and out!

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