



# Get Out of Your Head and Into Your Life!: Don't just dream it, Live It!

*Kim Ladjevich*

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## **Get Out of Your Head and Into Your Life!: Don't just dream it, Live It!** Kim Ladjevich

Get Out of Your Head And Into Your Life!, asks potential readers these questions: Is your life all routine and no passion? Is the "real" you fading away or buried deep inside? Do you have amazing ideas, but can't put them into action? Are your dreams stuck in your head? Would you like to be a better version of yourself? Do you yearn to start a business, write a book, ride a horse, travel freely, act in a play....? If you're ready to make changes, take action and make your dreams a reality, Get Out of Your Head And Into Your Life!, will teach you how to put your thoughts into action, provide you with tools to live your life with passion and purpose, teach you to how to move past fear, inspire you to be your true self , teach you to think differently to create massive action and motivate you to put a plan in place, take action and live the life you were meant to live. The book was purposely kept short and to the point so that it can be finished in a few hours and re-read anytime you are feeling stuck or need a reminder of the keys to taking action and creating your dream life.

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