



# Heart and Soul: A Psychological and Spiritual: Guide to Preventing and Healing Heart Disease

*Bruno Cortis*

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An authority in the field of mind/body medicine shares his heart-disease prevention and treatment philosophy, discussing seven principles of good health, cardiac risk factors, and the use of intimacy, prayer, touch, trust, and faith as healing tools. 25,000 first printing. \$25,000 ad/promo.

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