



Chef Anton Testino's "Cooking With Confidence": An Autobiographical Cookbook

Mr. Chef Anton Testino

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Read this true life account of Chef Anton Testino's journey through the *"Real Reality"* of Network Television food competition shows! This Full-Length Autobiographical Cookbook includes his inspirational life's story and over 37 Full Color Recipes, presented in an easy to follow format, along with simple step-by-step instructions for some of his most famous dishes.

Celebrity Chef Anton Testino is a world renowned culinary chef and a first-generation Italian-American. Born to immigrant parents, he was practically raised in the food industry, learning to cook at the age of 6 by working in family owned restaurants. Despite having been diagnosed with ADHD and Dyslexia at an early age, Chef Anton was admitted to the Culinary Institute of America, winning several professional cooking competitions before appearing on the Food Network's reality cooking show "Chopped". His appearance on the reality show has been the source of great controversy and debate, resulting in "When Octopuses Attack" becoming one of the most popular and re-played episodes of Chopped to air on the Food Network of all time.

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