



# Hypnotic Realities: The Induction of Clinical Hypnosis and Forms of Indirect Suggestion

*Milton H. Erickson, Ernest L Rossi, Sheila I. Rossi*

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... Hypnotic Realities is a verbatim transcript of Dr. Erickson's induction of clinical hypnosis and his approaches to trance training. It provides students and professionals with clear examples of the evolution of clinical hypnotic phenomena. Two major innovations in this volume are the utilization theory of hypnosis and indirect forms of suggestion....Each chapter includes an essay by Ernst Rossi which clarifies and elaborates on the relevant issues of Dr Erickson's work just illustrated. In these essays, Dr. Rossi analyzes Dr. Erickson's approach in order to uncover some of the basic variables that can be isolated and tested by future experimental work. These sections are a bridge between the clinical art of Dr. Erickson's hypnotherapy and the systematic efforts of the science of psychology to understand human behavior. --- excerpts from book's dustjacket

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